



Derick Mildred

Personal
Development.



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More Business

In this chapter you will learn about.

1. The relationship between your mindset and your personal development.
2. How you think literally defines your outcome. © 2024 Results Formula
3. The importance of motivation & PMA.



PERSONAL DEVELOPMENT



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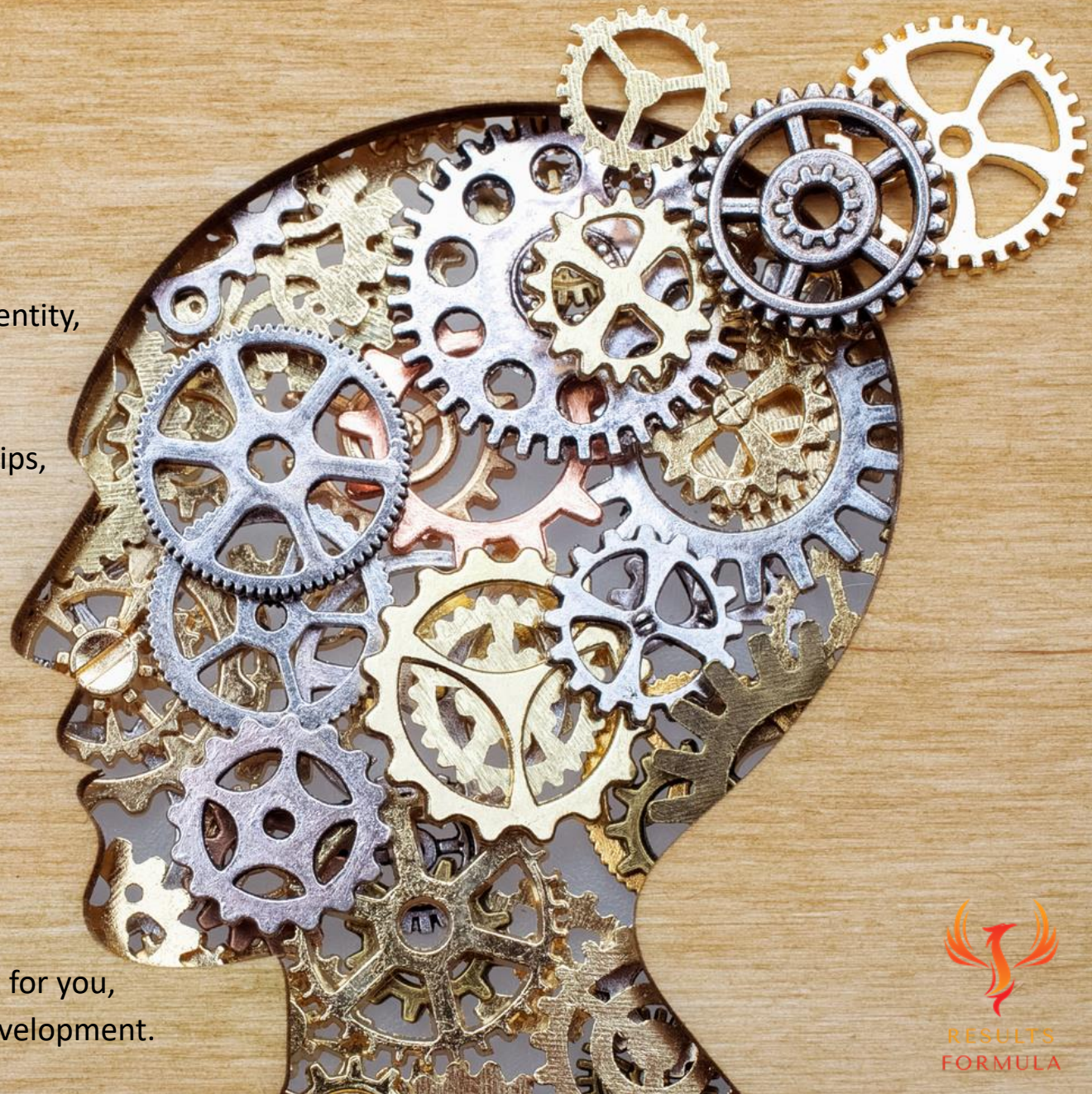
Mindset defined represents the thought processes and reactions to any given experience.

Personal Development is all about changing and even improving your thought processes and reactions to given experiences towards achieving a more desirable outcome.



Personal Development is about

- 1) Achievement of milestones,
- 2) Fulfilling lifelong aspirations,
- 3) Building your self-esteem,
- 4) Developing your emotional intelligence,
- 5) Developing self confidence, self competence & identity,
- 6) Improving self-awareness,
- 7) Improving self-knowledge,
- 8) Improving social abilities, relationships & friendships,
- 9) Identifying areas to improve your potential,
- 10) Developing your abilities & strengths,
- 11) Improving your skills and/or learning new ones,
- 12) Improving your career prospects,
- 13) Developing your time-management,
- 14) Enhancing your lifestyle,
- 15) Improving your quality of life,
- 16) Improving and maintaining your health,
- 17) Improving your social status,
- 18) Increasing your net worth,
- 19) Building and scaling what you discover works best for you,
- 20) Defining and implementing your own personal development.



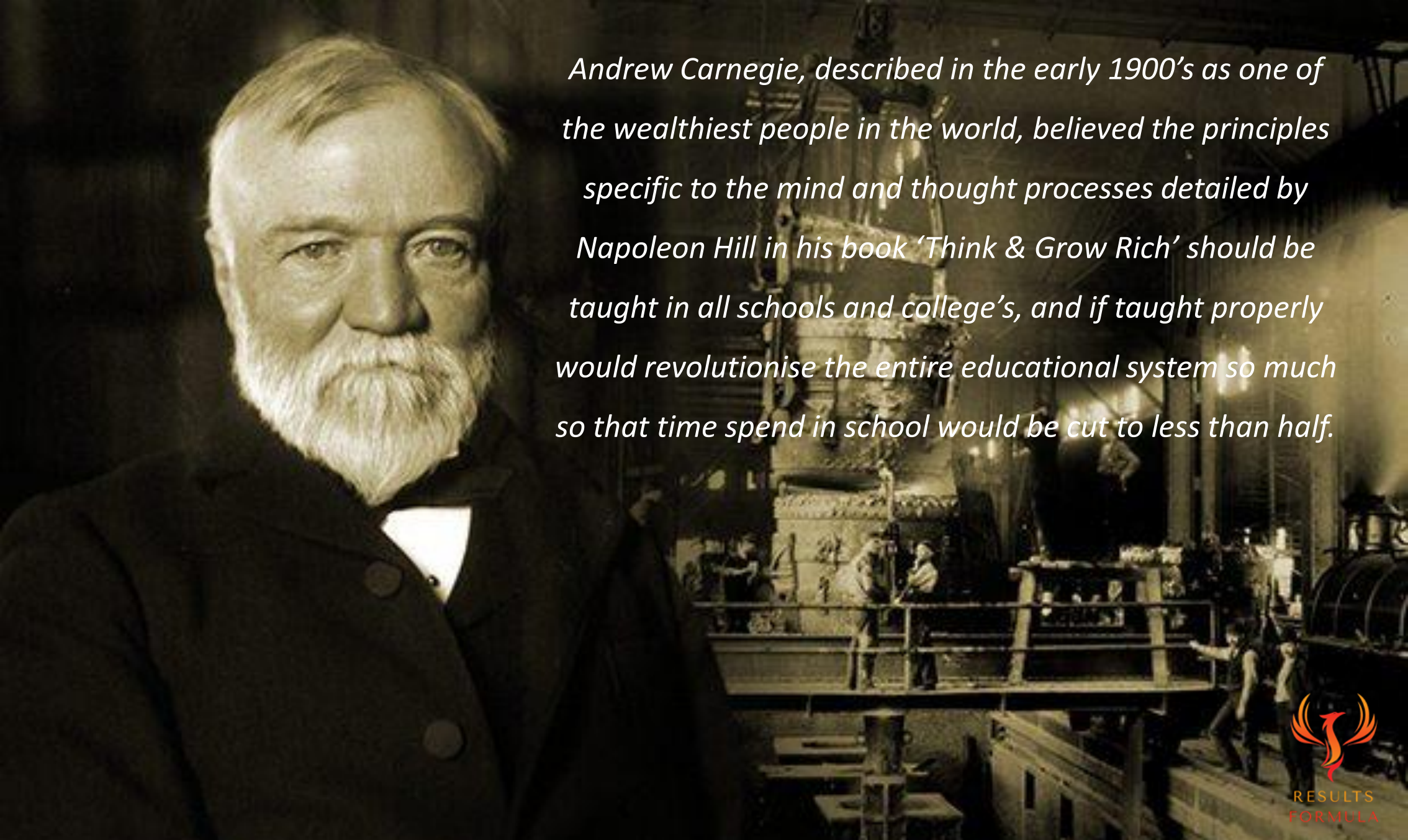
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*Your Mindset & How You Think
are Vital to Your Outcome.*



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Andrew Carnegie, described in the early 1900's as one of the wealthiest people in the world, believed the principles specific to the mind and thought processes detailed by Napoleon Hill in his book 'Think & Grow Rich' should be taught in all schools and college's, and if taught properly would revolutionise the entire educational system so much so that time spend in school would be cut to less than half.



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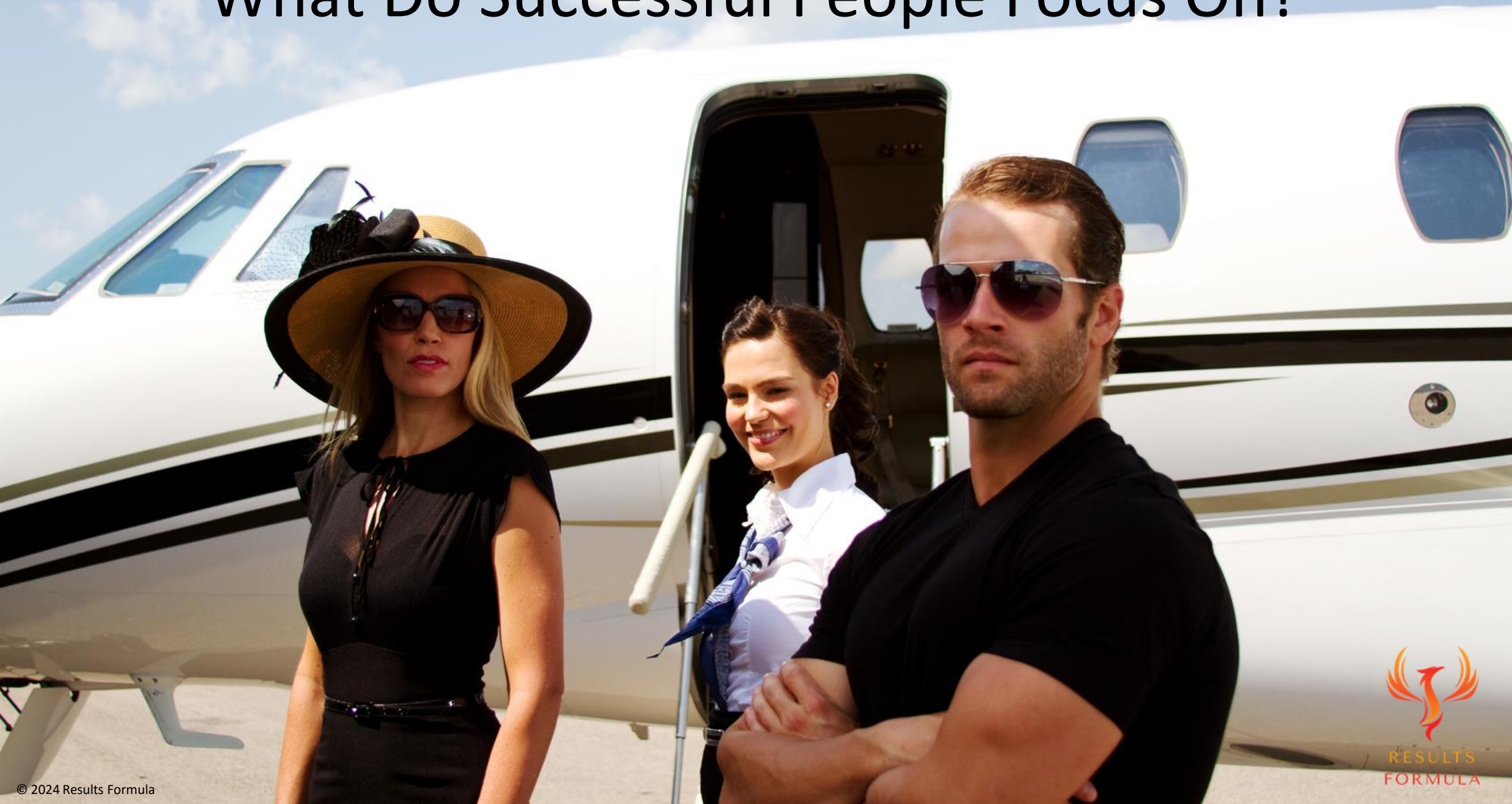
We all have 24 hours each and every day.

So what makes some people much more
successful than others?



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What Do Successful People Focus On?



Personal Development

MARKETING

SUCCESS

BUSINESS

SERVICE

PERSONAL



Your Personal Development Begins with You

When it comes to personal development
and **You,**
it's vital to be 100% honest with yourself.



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You don't need to necessarily share or discuss your own 'reality' with others.



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Only when you're humble enough to be
100% honest with yourself,
can you and will you, be able to move forward.

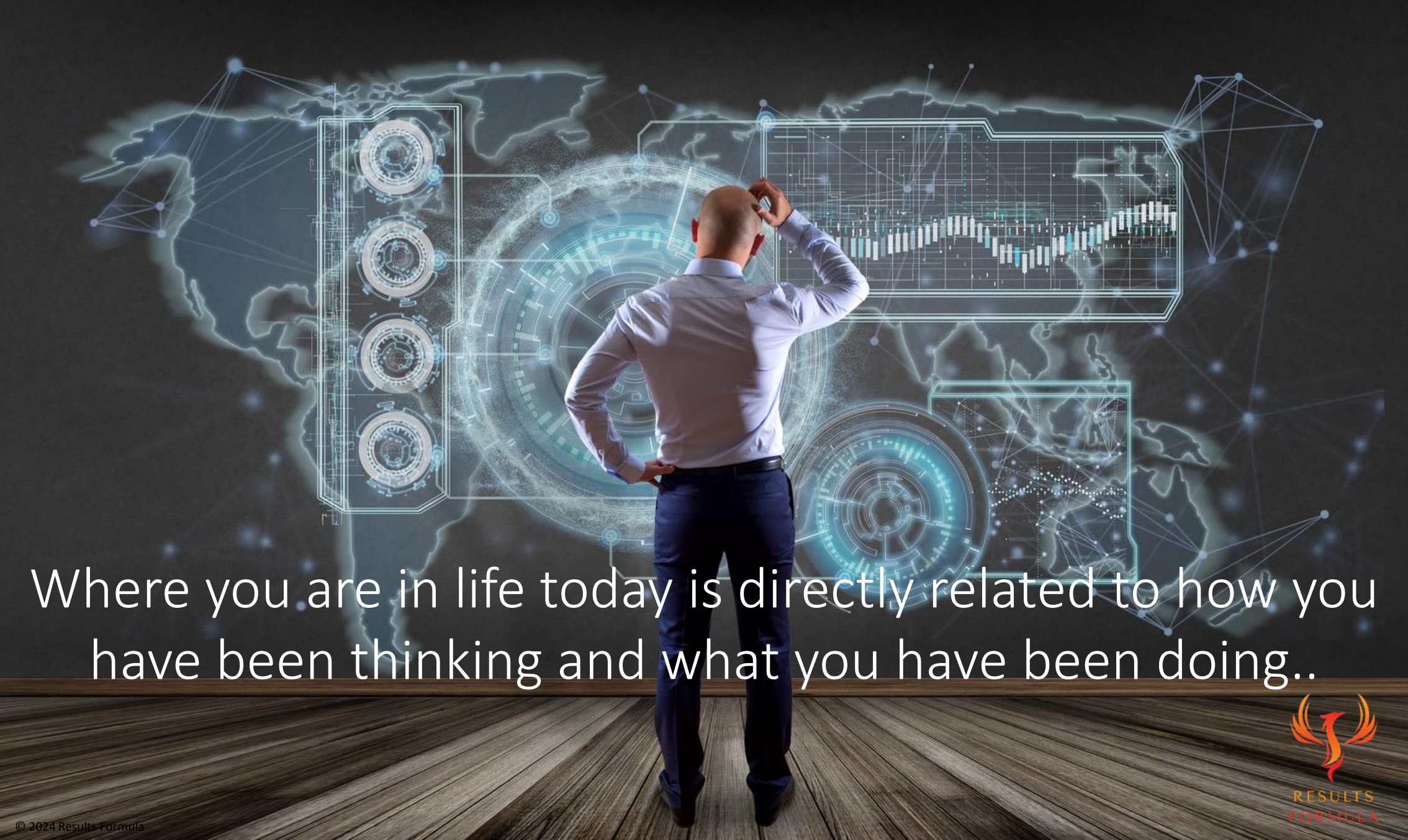


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Let's face it;
Where you are in your life right now
& where you want to be...
Worth thinking about!



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Where you are in life today is directly related to how you have been thinking and what you have been doing..

Your Check Up from the Neck Up!

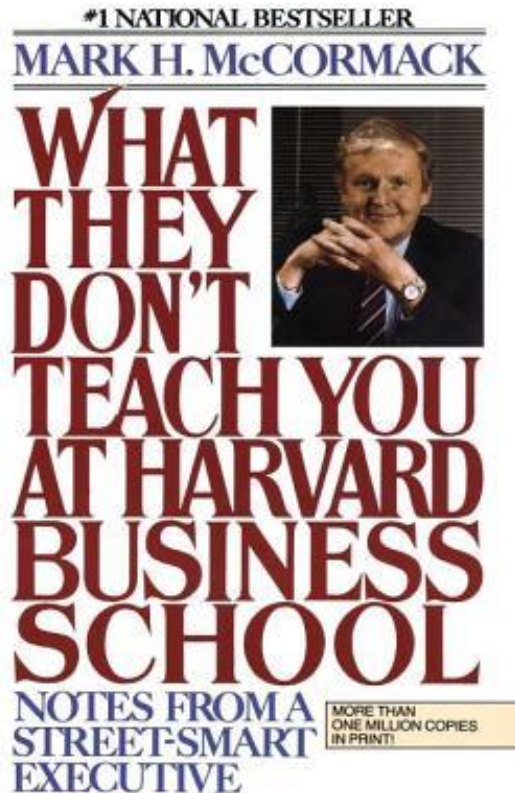
It's advisable to

1. Check both your physical & mental health regularly,
2. Assess your current financial position,
3. Think about where you currently stand in either your career or business,
4. Regularly consider your career or business prospects and opportunities,
5. Assess both your personal and professional 'Circles of Influence',
6. Consider what do you read and how often?
7. Have written lifetime goals including a plan of action to achieve them?
8. Regularly assess your written 'Plan of Action'.
9. Regularly assess your progress.



Are Your Goals Clearly Defined in Writing?

In his book Mark McCormack tells of a study conducted on students in the 1979 Harvard MBA program.



In that year, the students were asked,

"Have you set clear, written goals for your future and made plans to achieve them?"

Only 3% of the graduates had written goals and plans;

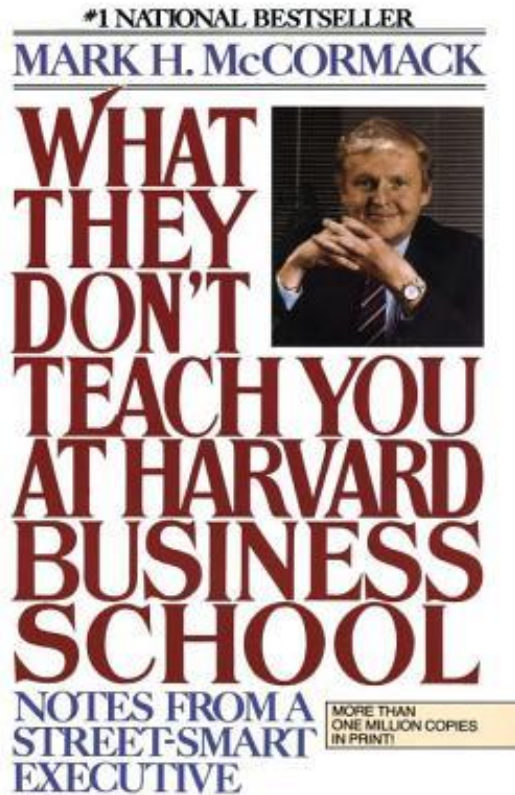
13% had goals, but they were not in writing;

& a whopping 84% had no specific goals at all.



Are Your Goals Clearly Defined in Writing?

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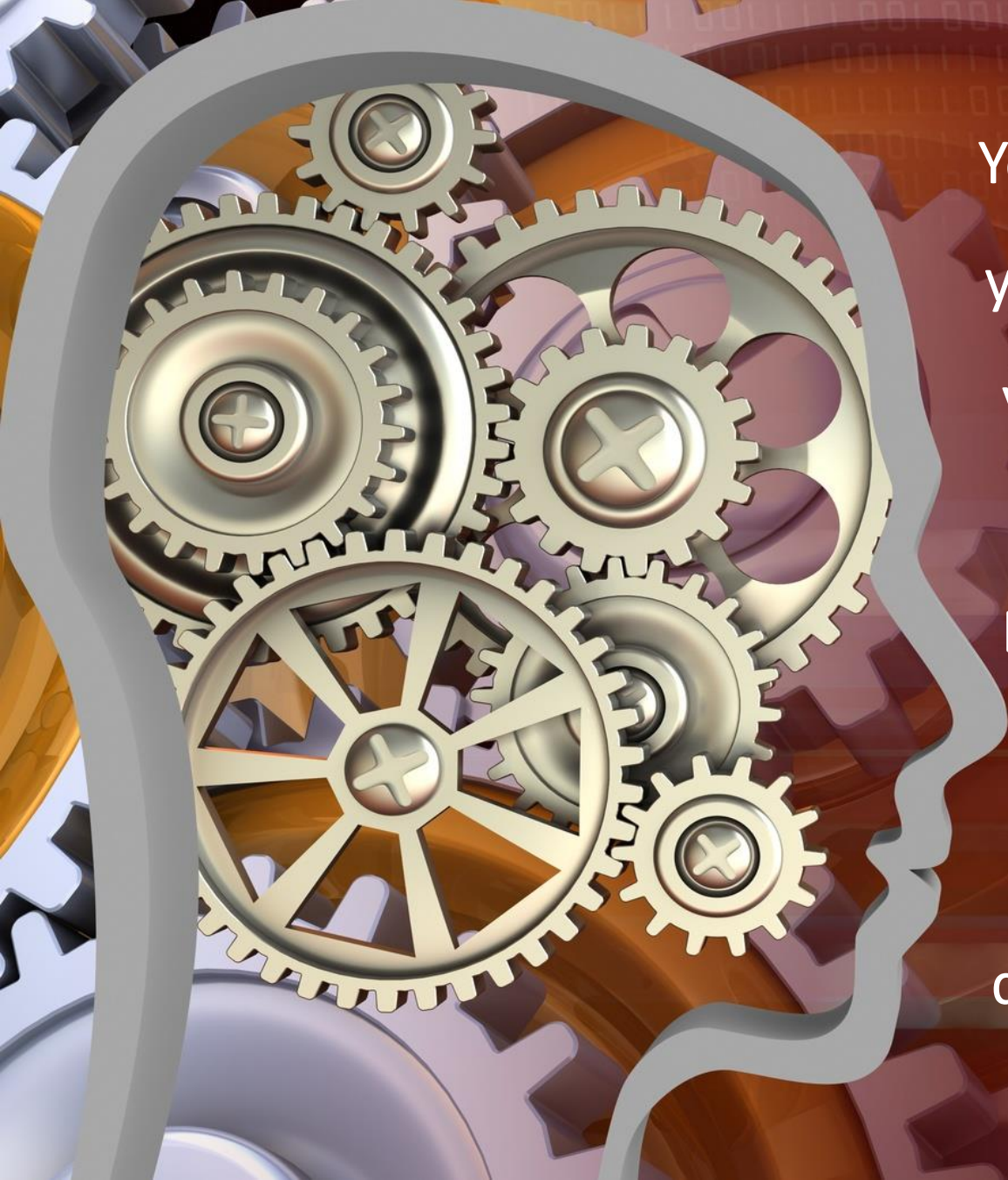
Ten years later, the members of the class were interviewed again, and the findings were nothing short of astonishing.

The 13% of the class who had goals were earning, on average, twice as much as the 84% who had no goals at all.

The 3% who had clear written goals and a plan to achieve them were earning, on average,

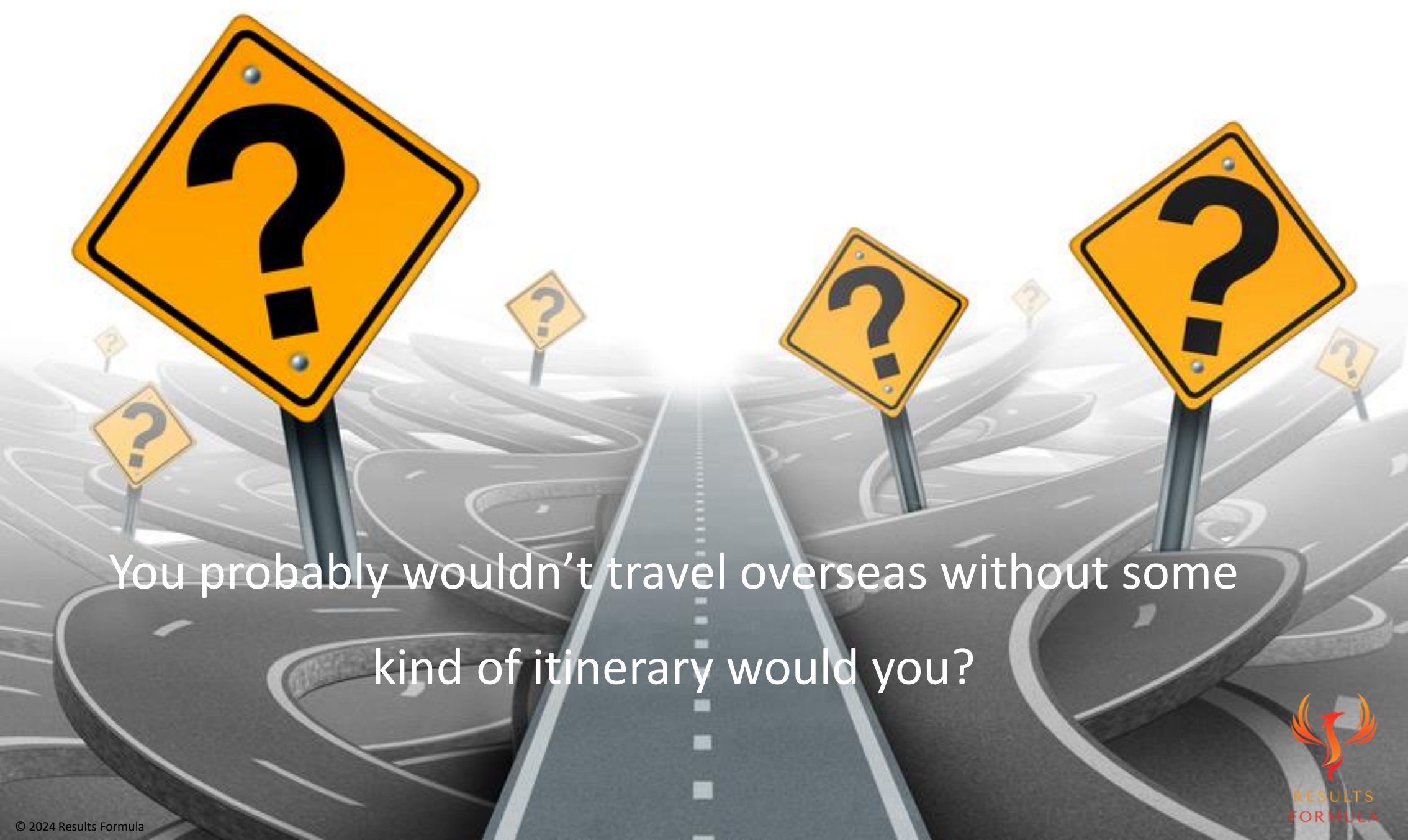
Ten times as much as the other 97% combined.



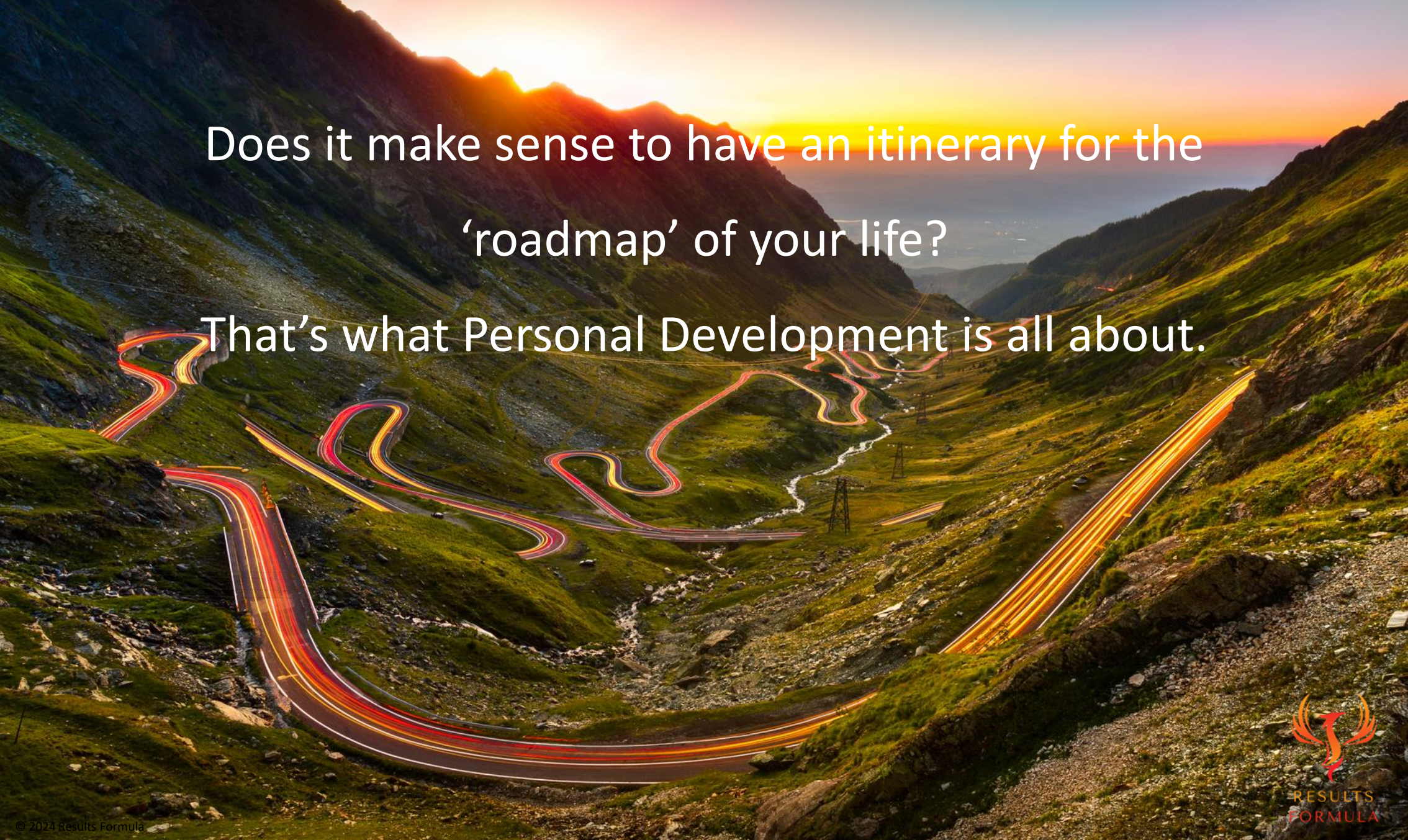


Your mind is just like a computer,
you put good information in and
you'll get good information out
of it.

But if you fill your mind/pc with
poor quality information,
basically with 'crap', then what
do you think you'll get out of it?



You probably wouldn't travel overseas without some
kind of itinerary would you?



Does it make sense to have an itinerary for the
'roadmap' of your life?

That's what Personal Development is all about.

People often say that motivation
doesn't last. Well, neither does bathing.
That's why we recommend it daily.

Zig Ziglar

“ quote fancy



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**Motivation is what gets
you started. Habit is what
keeps you going.**

Jim Rohn

quote fancy



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A Quick Re-Cap.

After watching this video you should understand more about

1. Your mindset and thought processes.
2. How you think can effect your outcome.
3. The value of clearly defined written goals with a plan of action to achieve them.
4. Personal development is not a once off, it should actually be a habit.



Your Objective.

Is to take action today, the next day, the next 100 days
and so on,
to make progress towards where you truly want to be?



Just get started, never put off till tomorrow
what you can do today,
for tomorrow never comes...



Remember:

The Fastest Way to Achieving
Results is to Apply.
Just Get Started and Implement.



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Below you will find 2 X Links to downloadable pdf's titled:

Your Personal Development Begins with You.

Business Development Basics 101





Don't wish it were easier.
Wish you were better.

Jim Rohn

“ quotefancy



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